

Snapdragons Centre  
Cliffe Road  
Strood  
Kent  
ME2 3FF  
0300 123 3444

Dear Parent/Carer

During your child's reception year he/she will receive a hearing and vision test, measurement of height and weight by the School Screening Team. In preparation for our visit you will receive a Health Questionnaire to complete and return to [medch.ncmpquestionnaires@nhs.net](mailto:medch.ncmpquestionnaires@nhs.net). If there are any concerns raised on the Health Questionnaire a member of the School Screening Team may contact you to discuss these and offer direct support or signpost to other agencies.

If you do not want your child to participate in the screening please inform the school.

It is not necessary for parents/carers to attend on the date of the check as your child will be seen with other children in their school year, but if you wish to be present you will need to contact the School Screening Team as above to arrange a specific appointment time. We will notify you of the results via mail.

If your child is already under specialist care for hearing and/or vision it is not necessary to complete that test.

If they do not pass the hearing test they will be re-tested again in 3 Months. If they still do not pass we will automatically refer them to West Kent Audiology Service for further investigation.

If they do not pass the vision test we will automatically refer to ophthalmology for further investigation.

If your child's measurements indicate that they are above a healthy weight then they will be **automatically referred** to the Healthy Weight Team, who will contact you directly to discuss whether you feel any support or advice is required. They are a service that offers a variety of interventions from phone calls to weekly clubs, cookery lessons and activity sessions, with all advice being optional.

If your child's measurements indicate that they are below a healthy weight then we will automatically refer them to their GP.

Your child will be weighed and measured as part of the National Child Measurement Programme and will have their vision & hearing tested unless you tell us that you do not wish them to take part in any or all of these checks.



Adobe Acrobat  
Document

[Figure 1 What is NCMP?](#)

All children starting school should have received their pre-school booster and second MMR immunisations. If you are unsure please contact your GP surgery for advice. Further information is available at: [Childhood vaccines timeline - NHS.UK](#)



All children are entitled to **FREE** dental and optician services.

If you have any queries, please contact us on the number above.

The School Screening team

**Children's Community Services ~ NCMP and School Screening Team**

**Who are we and what do we do?**

We are part of the Child Development Team within Children's Public Health Nursing.

**Primary School**

During their primary years, children will receive the following services:

**Year R: Health screening that includes measuring growth as part of the National Child Measurement Programme (NCMP) plus a hearing and vision test.**

**Year 6: Growth measurement (NCMP)**

The Children's Public Health Nursing Team and the School Nursing Team can give advice on:

- Eating issues ~ weight, dietary needs, healthy snacks, faddy eating etc.
- Allergies including anaphylaxis (severe reactions)
- Asthma, Diabetes, Epilepsy and other chronic conditions
- Behaviour
- Emotional well-being
- Supporting you and your child as they grow

Please contact using the telephone number above.

**You may find the following websites useful:**

**Food issues; healthy eating:** [Change4Life - Change4Life](#) ; [A Better Medway](#)

**Toileting issues:** [ERIC | Home](#)

**Behaviour: Guide to Positive Parenting:** [Positive parenting | NSPCC](#)

**Health concerns and general advice:** [NHS Choices Home Page](#)

*For information about how we handle your personal information, please visit*

<https://www.medwaycommunityhealthcare.nhs.uk/contact-us/privacy-notice>. If you would like a hard copy of this, please ring us on 0300 123 3444.

**Physical activity guidelines: infographics**

