

Twydall
Primary

Harvest
Festival



Look at the slides in the powerpoint, the bright colours.
How many of these have you eaten? Do you have a favourite?













This year we are having a different harvest. Harvest is an important time of the year but across the world harvesting takes place at different times during the year.

When I was little buying fruit and vegetables in the shops or the market was not the same. Nowadays with improved farming techniques and transport we are able to eat most fruit and vegetables across the year. The next time you go shopping look on the packaging of all the different countries we get our food from.

Our harvest rainbow is bright and healthy! Fruit and vegetables are good for us to eat they contain the fresh vitamins and fibre needed to keep our bodies strong and healthy.



Our harvest rainbow is bright and healthy! Fruit and vegetables are good for us to eat they contain the fresh vitamins and fibre needed to keep our bodies strong and healthy.

If we consider the history of Britain and harvest, whole communities would be involved with bringing in the harvest, including children; this often meant that children would not be attending school as it was more important for the families to help the farmers. Villages would celebrate at the end of the harvest with a harvest supper where everyone came together to celebrate the food that they had collected in.

Sit quietly for one moment and think about all the different food that you can eat and enjoy and say a quiet thank you to all those involved with bringing the food to our homes from wherever they are in the world.

